Junior Tennis Programs at Southampton Racquet Club



2025 Summer Sessions - Every Tuesday/Thursday

June 10th - August 28th

Red Ball (4-6) Tuesdays & Thursdays 3:30-4:00pm

Red Ball is an introduction to tennis that utilizes a smaller court and shorter racquets to enable earlier rally/play. Focus is on hand-eye coordination, racquet skills, basic movement, strokes, and most importantly FUN!

Member: \$25, Non Member: \$35

Orange Ball (7-10) Tuesdays & Thursdays 4:00-5:00pm

Utilizing the Orange Ball Level of 10 & Under Tennis, this class teaches advanced motor skills, coordination, tennis court awareness, basic tennis strokes and fun games. It also introduces them to point play, scoring, and strategy. *Member:* \$50, Non Member: \$65

Green Dot Ball (11-13) Tuesdays & Thursdays 5:00-6:00pm

This class is for juniors looking to get started with a lifetime sport. Green Ball is customized for beginners and will teach the basic court fundamentals as well as rules and etiquette.

Member: \$50, Non Member: \$65

Yellow Ball (Advanced) Tuesdays & Thursdays 5:00-6:00pm

Yellow Ball is for intermediate to advanced level players who want to work in a team environment to improve on all aspects of their game. Using advanced teaching methods, dynamic drills and match play options we strive to push juniors towards Academy Performance.

Member: \$50, Non Member: \$65

Register on the App:





