

# Southampton CAMP & CLUB

## MENU 2022

### WHAT'S COOKIN'

BBQ ON WEDNESDAYS  
PIZZA EVERY FRIDAY

- DAILY FRUIT BAR**  
Apples, Peaches, Plums, Bananas, Nectarines, Pears & Oranges.
- DAILY PASTA**  
Multi-Grain Pasta with a variety of Sauces, Olive Oil & Parmesan Cheese to choose from.
- DAILY SALAD BAR**  
Fresh Lettuce, Tomatoes, Cucumbers, Peppers, Broccoli, Beans, Grains, Tuna Salad, Egg Salad, Cottage Cheese, Assorted Dressings & more!
- DAILY SANDWICH BAR**  
Assorted Sliced Cheeses, Veggies, Kosher Meats, Whole Grain Breads, Wraps & Bagels
- DRINK'S**  
Water & Fruit Infused  
Water Available
- DAILY YOGURT**  
in assorted flavors

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BAKED</b> Chicken Tenders w/ Sweet Potato Fries, Corn Sticks & Dipping Sauces June 27	<b>TURKEY MEATBALL SUBS</b> w/ Garlic Bread, Grapes, Tomatoes & Pineapple Chunks 28	<b>SCC-STYLE BBQ</b> Beef & Veggie Burgers, Hotdogs, Grilled Chicken & Watermelon 29	<b>GRANOLAS &amp; CRISPER YOGURT BRUNCH</b> Fresh Fruit & Yogurt 30	<b>ALL AMERICAN PIZZA</b> w/ Chicken Caesar Salad July 1st
<b>CAMP CLOSED</b> Sluggo's 40th of July!!!	<b>Chicken &amp; Veggie FAJITAS</b> w/ Yellow Rice, Corn & Southwest Salad	<b>BBQ</b> Beef & Veggie Burgers, Hotdogs, Grilled Chicken & Watermelon 6	<b>Chicken or Cheese Biscuddles!!!</b> w/ Yellow Rice, Gasmobile & Rainbow Peppers 7	<b>PIZZA! PIZZA!</b> w/ Cucumber Wheels 8
<b>POPCORN Chicken</b> w/ Peas & Oven Baked Fries 11	<b>TACO TUESDAY!</b> w/ Yellow Rice, Black Beans & Southwest Salad 12	<b>BBQ Bonanza</b> Beef & Veggie Burgers, Hotdogs, Grilled Chicken & Watermelon 13	<b>GRILLED CHEESE</b> w/ Celery & Carrot Sticks 14	<b>PIZZA BAGELS!</b> w/ Chicken Caesar Salad 15
<b>Mediterranean Chicken</b> w/ Baked Pita & Cucumber Slices 18	<b>Beef or Veggie Carne Asada</b> w/ Broccoli 19	<b>BLAZIN' BBQ</b> Beef & Veggie Burgers, Hotdogs, Grilled Chicken & Watermelon 20	<b>BAKED MAC &amp; CHEESE</b> w/ Honey, Glazed Carrots & Broccoli Trees 21	<b>PIZZA PALOOZA</b> w/ Orange Wedges 22
<b>BAKED CHICKEN PARM</b> w/ Garlic Bread & Green Beans 25	<b>CHICKEN OR CHEESE QUESADILLA</b> w/ Spanish Rice & Corn 26	<b>SMOKIN' BBQ</b> Beef & Veggie Burgers, Hotdogs, Grilled Chicken & Watermelon 27	<b>Spaghetti &amp; Meatballs</b> w/ Parmesan Cheese & Caprese Salad 28	<b>DEEP DISH PIZZA</b> w/ Chicken Caesar Salad 29
<b>Panko Breaded Chicken Cutlets</b> w/ Mashed Potatoes, Broccoli & Spring Salad August 1	<b>Grillin' BBQ</b> Beef & Veggie Burgers, Hotdogs, Grilled Chicken & Watermelon 2	<b>Grillin' BBQ</b> Beef & Veggie Burgers, Hotdogs, Grilled Chicken & Watermelon 3	<b>OMLETAS &amp; VEGGIES FAJITAS</b> Pico de Gallo & Spanish Rice 4	<b>Thin Crust Pizza</b> w/ Nectarines 5
<b>CLASSIC CHICKEN PARM</b> w/ Buttered Spaghetti & Green Beans 8	<b>TURKEY TACO BAR</b> Nachos & Mexican Style Slaw 9	<b>HAMPTON COOKOUT BBQ</b> Beef & Veggie Burgers, Hotdogs, Grilled Chicken & Watermelon 10	<b>DREAMFAST DUFFET</b> Pancakes, French Toast, Turkey Bacon, Cereal & Fruit 11	<b>Pizza Wedges</b> w/ Greek Salad 12
<b>MEDITERRANEAN CHICKEN</b> w/ Pita, Cucumber Slices & Grzo Pasta 15	<b>BAKED MAC N CHEESE</b> w/ Broccoli & Tomato Salad 16	<b>BBQ BANQUET</b> Beef & Veggie Burgers, Hotdogs, Grilled Chicken & Watermelon 17	<b>Chicken or Cheese QUESADILLAS</b> w/ Yellow Rice, Corn & Tortilla Salad 18	<b>PIZZA BAGELS</b> w/ Chicken Caesar Salad 19
<b>POPCORN CHICKEN</b> w/ Fries & Grape Tomatoes 22	<b>Penne Primavera</b> w/ Green Beans 23	<b>Post-Camp BBQ</b> Beef & Veggie Burgers, Hotdogs, Grilled Chicken & Watermelon 24	<b>TURKEY TACO BAR</b> w/ Taco Salad 25	<b>POST-CAMP PIZZA PARTY</b> w/ Cucumber Salad 26
<b>BAKED CHICKEN TENDERS</b> Dipping Sauce & Carrot Sticks 29	<b>MEATBALL HEROES</b> w/ Tossed Salad & Garlic Knots 30	<b>END OF SUMMER BBQ COOKOUT</b> Beef & Veggie Burgers, Hotdogs, Grilled Chicken & Watermelon 31	<b>September 1st Beef or Veggie Rotini Pasta Bake</b> w/ Green Beans 1st	<b>STARFISH-A-Licious Buffet!</b> 2

\* SCC follows all NYS guidelines related to covid. Full details can be found in our Safety & Operating Plan \*

Email us at Fun@SouthamptonCC.com or call us: 631-488-4700 ext. 1  
\*Menu subject to change based on availability